

“MEDITATE on the Word”

Sunday, February 12, 2023, 10:30 a.m.

Whitneyville Bible Church, Alto, MI

Pastor Jonathan DeCou

Psalms 1:1-6

BIG IDEA: I must MEDITATE on the Word in order to master the Word.

*“...his delight is in the LORD’s instruction;
and he meditates on it day and night.”*

Psalms 1:2 (CSB)



Two people.

- A **blessed** person.
- A **wicked** person.



Two paths.

- A **flourishing** path.
- A **useless** path.



Two destinies.

- A **protected** destiny.
- A **ruined** destiny.

BIG IDEA: I must MEDITATE on the Word in order to master the Word.

READ: Psalms 1:1-6

THINK: Meditate on this passage and the message, then ask yourself these questions: *What makes you happy? How would you describe the “happy” or “blessed” person to someone else? What are they like and not like? What relationship does the blessed person have to the Word of God? How would you describe biblical meditation as opposed to other concepts of meditation? How does someone meditate on the Word of God so long as described here in this Psalm? Why does the Psalmist use the imagery of a tree to describe the blessed person? Why does the Psalmist use the imagery of chaff to describe the plight of the wicked?*
DO: Make a list of the ways this Psalm says to find happiness. Make a list of the ways the world says to find happiness. Compare the two lists. What can you begin doing today to find more time to meditate on God’s Word?